

**Minutes of the Meeting of the Brandon Age Friendly Committee of Council
Held January 22, 2025, at 5:15 p.m. in the Kavanagh Room, 638 Princess Avenue**

Present:

Chair Nancy McPherson, PMH Representative
Areta Donnelly, Citizen Representative
Sylvia Barr, Citizen Representative
Jim Doppler, Citizen Representative
Don Kostaskey, Citizen Representative
Rana Wilkinson, Citizen Representative
Heather Karrouze, Councillor
Kaley Dueck, Administrative Assistant

Regrets

Pamela McTavish, Program Assistant
Greg Hildebrand, Councillor
Perry Roque, City Representative

1.0 Call to Order

Chair Nancy McPherson called the meeting to order at 5:15 p.m.

Introductions

Don Kostaskey and Rana Wilkinson were introduced to the members of the committee that were present.

2.0 Approval of Agenda

(01/2024)

Motion: Jim Doppler/ Sylvia Barr

To approve the January 22, 2025, Age Friendly Committee meeting agenda with the following additions:

Item 6 (j) Bench location

Item 7 (d) New retirement living complex project

*Carried***3.0 Approval of Age Friendly Committee Minutes**

(02/2024)

Motion: Jim Doppler/ Sylvia Barr

To approve the meeting minutes of December 19th, 2024.

*Carried***4.0 Presentation**

N/A

5.0 Correspondence

N/A

6.0 Old Business**A. WCG Programming initiative update**

This item has been postponed to the next meeting.

B. November 2024 Newsletter & proposed future content

Nancy McPherson advised that Don Kostaskey and Rana Wilkinson will be featured in the March and April editions of the newsletter.

C. Phase I Cycling Without Age initiative

Nancy McPherson advised that there is a meeting taking place with the Provincial lead on Monday, January 27th.

D. Seniors Day with Riverbank Discovery Centre

Sylvia Barr advised that Dean Hammond recommended Pamela McTavish to be a part of the organizing committee for the event. The potential dates are August 8 & 9th. They are currently looking for volunteers to help with the event.

ACTION ITEM: Nancy McPherson will speak to Pamela McTavish about joining the organizing committee.

E. Ageism Workshop

Areta Donnelly & Jim Doppler are looking for feedback on what outcomes the committee is looking for. The workshop will take place in early spring.

ACTION ITEM: Areta Donnelly will email out the request for feedback email to Don Kostaskey and Rana Wilkinson.

F. Budget update

Susan Boyachek sent an email about the update for the 2024/2025 budget. Heather Karrouze and Greg Hildebrand will need to make a motion to Council to increase the budget by \$5000.00. Heather advised that when she had brought it up to the mayor, he responded positively.

G. Silver Alert update

Sylvia Barr advised that Sargent McCallum was attending a meeting in March with the province to have the initiative set up in Brandon. The new police chief appears to be on board with the initiative.

H. BU student project – next steps

Nancy McPherson advised that the committee is unable to move forward with editing the documents submitted by the students due to a software program issue at Brandon University. The University is currently working on reformatting the documents in another program so that Nancy can edit them.

ACTION ITEM: Jim Doppler will go through the report and give recommendations on what should be changed and bring to the next meeting.

I. Vision Zero

Areta Donnelly advised that the next meeting will be in early February.

J. Bench location

Nancy McPherson advised that there were three potential locations for the bench purchased by the committee including 34th Street (north of the hydro station), Braecrest Drive, and 17th Street East. There was consensus within the committee on requesting that the bench be put on Braecrest Drive.

7.0 New Business

A. 2025 meeting dates & times

There was consensus within the committee on keeping the same date and time as previous years. The meetings will take place on the third Thursday of the month from 5:15 pm – 7:15 pm.

ACTION ITEM: Kaley Dueck will advise Perry Roque of this decision.

B. AF social media accounts

Nancy McPherson asked if anyone would be interested in taking over the responsibility of managing the social media accounts and Rana Wilkinson expressed interest in taking it on.

C. Age Friendly Committee of Council Co-Chair

Nancy McPherson asked if anyone from the committee would consider stepping up into the role of co-chair. Jim Doppler expressed interest but requested more information on the duties, commitments and the length of the term. This discussion will continue at the next meeting.

D. New retirement living complex project

Don Kostaske advised that he is part of a committee that is looking to set up a living complex where residents do not have to leave as they age, or their health conditions change. Age Friendly looks forward to receiving updates on the development of this project.

9.0 Adjournment

(03/2024)

Motion: Heather Karrouze

To adjourn the meeting at 6:28 pm.

Carried

Co-Chairperson

Date

Next Meeting: February 20, 2025

Minutes prepared by Kaley Dueck.