

# NEWS FROM

# AGE FRIENDLY BRANDON

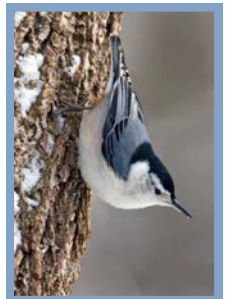
## YOU ARE INVITED! COME CELEBRATE THE HOLIDAY'S AT CITY HALL'S CHRISTMAS OPEN HOUSE ON DECEMBER 8TH



Join us at Brandon City Hall on Sunday, December 8, at 1:30 pm for a festive, FREE one-hour concert with the Brandon Community Orchestra and Suzuki Strings. A holiday tradition since 2008, it is a wonderful way to start the season! Enjoy City Hall's beautiful holiday decor, featuring poinsettias, a grand Christmas tree, and sparkling lights outside—all creating a magical atmosphere. The venue's excellent acoustics add an extra touch to the music. After the concert, stay for complimentary coffee, punch, and cookies. Seating is limited and available on a first-come, first-served basis. Doors open at 1:00 pm. Come celebrate with us!

## BRANDON CHRISTMAS BIRD COUNT IS LOOKING FOR VOLUNTEERS!

Westman Naturalists are hosting the Brandon Christmas Bird Count on December 15th. If you're interested in participating, please fill out this [FORM](#) or email [westman.naturalists@gmail.com](mailto:westman.naturalists@gmail.com) and you will be contacted with specific details prior to the event. Volunteers can join the count as a Field Counter or a Feeder Watcher. The bird count will be followed by a potluck for participants. It is a great opportunity to socialize and tell everyone about the birds you saw!



## A HEARTFELT THANK YOU TO OUR OUTGOING COMMITTEE MEMBERS

As the year comes to a close, Age Friendly Brandon wants to take a moment to thank the wonderful individuals who have completed their committee terms. Susan Boyachek, Douglas Fraser, and Tom Keep have worked tirelessly to support our goals, and we are so grateful for everything they've done. Serving on a committee is a big responsibility. It takes time, hard work, and a willingness to work together to make important decisions. Our outgoing members have done all of that and more (continued on Page 2)!

## THANK YOU (CONTINUED FROM PAGE 1)

While we will miss your contributions, we know that your hard work has laid the foundation for future successes. We're excited to welcome new committee members, but your legacy will continue to inspire and guide us in the years ahead!

**"Being a part of this Committee has been a very rewarding experience for me", shared Douglas Fraser. "I am excited to see where Age Friendly goes next!"**



**"Although I am stepping down from the Committee, I look forward to opportunities to volunteer with Age Friendly on various projects in the future", said Co-Chair Susan Boyachek. "I am confident the Committee has great things planned!"**



## HUMAN RIGHTS DAY - DECEMBER 10

This Human Rights Day, we honour the Universal Declaration of Human Rights and its impact on Manitoba's commitment to equality and dignity for all. Created in 1948 with input from Canadian John Humphrey, this Declaration inspires our laws, including the Manitoba Human Rights Code.

**OUR RIGHTS,  
OUR FUTURE,  
RIGHT NOW.**

In Manitoba, this Code protects individuals from discrimination in areas like employment, housing, and services. Factors such as race, religion, age, gender, and disability cannot be grounds for unfair treatment, and the Manitoba Human Rights Commission enforces these protections to promote respect and equality across our province. Further information can be found at: [www.manitobahumanrights.ca](http://www.manitobahumanrights.ca)

**Human rights have the power to unify us at a time when we need to come together to contend with the existential challenges we face as humanity.**

~ UN Human Rights Chief Volker Türk ~

Human rights play three key roles: preventing injustice, protecting our rights, and transforming communities.

This year's theme, Our Rights, Our Future, Right Now, is a call to acknowledge the importance and relevance of human rights in our everyday lives. We have an opportunity to change perceptions by speaking up against hate speech, correcting misinformation and countering disinformation. This is the time to mobilize action to reinvigorate a global movement for human rights. This year, let's stand together for fairness and inclusivity in

Manitoba. Join the movement and learn more by visiting:

<https://www.ohchr.org/en/get-involved/campaign/hrd2024>



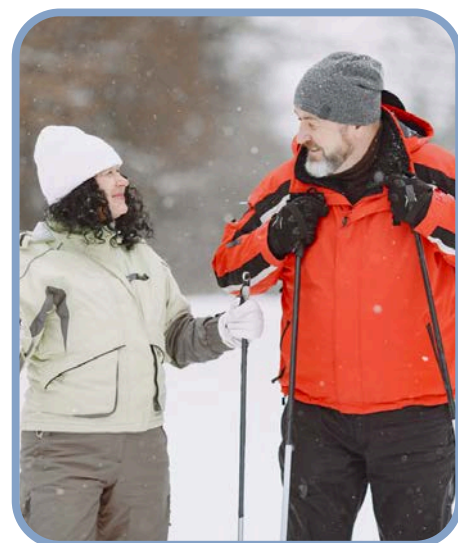


# UPCOMING EVENTS - DECEMBER

1	Christmas Concert	BU Brass Ensemble at Lorne Watson Recital Hall, Starts at 7:00 pm 204-727-9631 or <a href="mailto:music@brandonu.ca">music@brandonu.ca</a>
5	Westman Naturalists - Sharing Stories and Photos	Brodie Building Rm 4-34, Brandon University hybrid event - in-person or online via Zoom, starts at 7 pm Register by clicking <a href="#">HERE</a>
5 to 7	Charlie and The Chocolate Factory	Western MB Centennial Auditorium Presented by Neelin High School <a href="https://www.wmca.ca/">https://www.wmca.ca/</a>
6	Third Age Learning Cooperative	BU, Education Bldg., Room 107 Starts at 9:30 am <a href="https://talcb Brandon.weebly.com/">https://talcb Brandon.weebly.com/</a>
6, 13	Central Senior Dance	Central Community Centre, 529-4th St. 1:30 pm to 3:30 pm For more info: Call Pat 204-901-1910
7	Santa Land	Brandon's Community Sportsplex 1 pm to 2 pm or 2:30 pm to 3:30 pm <a href="https://brandon.perfectmind.com">https://brandon.perfectmind.com</a>
7	Gala of Gifts	Art Gallery of Southwestern Manitoba 10 am to 6 pm 204-727-1063 or <a href="https://agsm.ca">https://agsm.ca</a>
7, 8	Makers Market & Vintage Finds	The Town Centre 10 am to 5 pm For more info call: 431-541-4321
8	Try Curling!	Brandon Curling Club 1 pm to 3 pm For more info call: 204-726-3560
14, 15	Brandon Gun & Collectables Show	Manitoba Room, Keystone Centre Sat: 10 am-5 pm & Sun: 10 am-3 pm <a href="https://brandonwildlifeassociation.ca">https://brandonwildlifeassociation.ca</a>
17	WSO Holiday Tour	Western MB Centennial Auditorium 7:30 pm to 9:00 pm <a href="https://www.wmca.ca/">https://www.wmca.ca/</a>



**Age Friendly  
Brandon info line:  
204-729-2525**

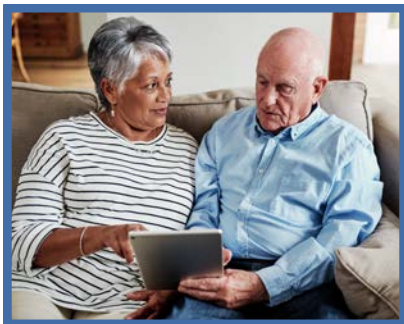


Have an event you would like to see in an upcoming edition of News from Age Friendly Brandon? Email: [agefriendly@brandon.ca](mailto:agefriendly@brandon.ca)



## ABOUT AGE FRIENDLY BRANDON

The Age Friendly Brandon Committee of Council 2024 action plan focuses on initiatives that support people to age safely, enjoy good health and participate fully in their community. Each edition of News from Age Friendly Brandon will highlight one of the eight age friendly domains.



The information is reliable and consistent and uses various methods appropriate for young people, adults, and older adults. The committee action plan includes our Facebook page, website, newsletter, and the vignette initiative with Westman Communications Group. Visit our [website](http://www.brandon.ca/agefriendly) to review our action plan, meeting minutes, and past issues of *News from Age Friendly Brandon*.

## MEET OUR COMMITTEE MEMBERS - COUNCILLOR GREG HILDEBRAND

Councillor Greg Hildebrand is proud to represent his neighbors in his home ward. Greg and his wife, Candace, moved to Brandon in 2009 from Winnipeg with their three children, seeking a welcoming city and neighborhood to call home. Today, all three children are pursuing university studies — one in Winnipeg working toward a Master of Physiotherapy degree, and two at Brandon University, studying Science and Business, respectively. Currently, Greg manages a property management company and is nearing completion of an MBA in Community Economic Development. He and his family attend McDiarmid Drive Alliance Church and enjoy a variety of activities, including camping, boating, fishing, and board games.



## COMMUNICATION AND INFORMATION

Staying connected with events, news and activities with timely, accessible, and practical information is a key part of active aging. An Age-Friendly approach keeps community members informed about community events, emergency response strategies, and relevant information.

Councillor Hildebrand believes we are part of a great city, so much so that he convinced his parents to move to Brandon and live in his

ward! Being a part of the Age Friendly Committee is part of the responsibility given to Greg by the Mayor. The appointment allows Greg to advise how the older adult community is impacted by Council and provide guidance on future decisions using an age-friendly lens. Greg's Age Friendly learnings are not only brought to the Council Table but have also helped him personally in caring for his parents and connecting them to the community.

Committed to representing all residents in an open and transparent way, Greg is also involved in the Audit & Finance and Taxi Appeal Committees.

**Follow us on Facebook @ Age Friendly Brandon**  
**Visit our website: [www.brandon.ca/agefriendly](http://www.brandon.ca/agefriendly)**

