

Minutes of the Meeting of the Brandon Age Friendly Committee of Council
Held November 16, 2023, at 5:15 p.m. in the Kavanagh Room, 638 Princess Ave.,
and via Teams Online Platform

Present:

Chair Nancy McPherson, PMH Representative via Teams
Co-chair Susan Boyachek, Citizen Representative
Greg Hildebrand, Councillor
Heather Karrouze, Councillor
Areta Donnelly, Citizen Representative
Doug Fraser, Citizen Representative
Meryl Orth, Citizen Representative via Teams
Jinesh Patel, City Representative

Regrets:

Rob Lavin, Citizen Representative
Perry Roque, City Representative

1.0 Call to Order

Chair Nancy McPherson called the meeting to order at 5:15 PM.

2.0 Approval of Agenda

(38/2023)

Motion: Susan Boyachek/ Doug Fraser

To approve the November 16, 2023, Age Friendly Committee meeting agenda with the following addition.

Item #5 Correspondence – thank you cards.

Carried

3.0 Approval of Age Friendly Committee Minutes

(39/2023)

Motion: Heather Karrouze/ Doug Fraser

To approve the meeting minutes of October 19, 2023 with the following changes,

- Item 6.0 C last paragraph to amend the words “Additionally Doug mentioned” to read “Additionally Nancy mentioned” and
- Item 8.0 to amend the words “Meryl mentioned” to read “Doug mentioned”.

Carried

4.0 Presentation

(40/2023)

Motion: Areta Donnelly/ Susan Boyachek

That the Committee agrees to move in-camera and further agrees that the discussion will remain confidential until the Committee decides otherwise.

Carried

(41/2023)

Motion: Nancy McPherson/ Heather Karrouze

That the Committee agrees to move out of camera.

Carried

(42/2023)

Motion: Doug Fraser/ Areta Donnelly

That the Committee hereby agrees to terminate the contract with Amber Johnson effective November 16, 2023.

Carried

5.0 Correspondence

Susan Boyachek shared the following Thank You cards received:

- a) Steering Committee of Health Checks – thank you for participating in the 2023 Health and Wellness Exp
- b) City of Brandon Parks & Recreation – thank you for your dedication to making Brandon a better community (includes gift card)

6.0 Old Business

A. Action Plan/Metrics/Terms of Reference updates - All

Deferred.

B. BU Nursing Student Project update & request for expense reimbursement - Susan Boyachek/ Doug Fraser

Susan Boyachek advised that the students are in the process of finalizing their report, fact sheet and poster presentation to BU. The goal is to have them provide an overview to the Committee at the next regular AFC meeting with documentation distributed in advance of the meeting. Susan Boyachek further advised that the students incurred some out-of-pocket expenses for hosting coffee chat surveys and is requesting the Committee consider reimbursement of these expenses.

(43/2023)

Motion: Doug Fraser/ Heather Karrouze

That the Committee agrees to reimburse Annaliza Gunon, BU Nursing student, for the out-of-pocket expenses associated with the Age Friendly project, to a maximum of \$100.00, as per receipts submitted. *Carried*

C. Newsletter/WCG update - Nancy McPherson

Deferred.

7.0 New Business

A. Senior Resource Guide Reprint

The Committee was advised that \$4,600 currently remains in the budget and one of the items the Committee had considered during earlier budget discussions was the reprint of the Senior Resource Guide. Two options were considered:

- a) Reprint approximately 1,000 copies of the 2nd Edition of the Senior Resource Guide with minor revisions.
- b) Postpone the printing of a 3rd edition until 2024 and include a section for advertising to build a revenue stream for printing future editions of the guide. Applying for a grant, such as the AF MB Community Collaboration grant may provide an opportunity to source funds to support the administrative costs associated with the expanded 3rd edition.

(44/2023)

Motion: Areta Donnelly/ Greg Hildebrand

That the Committee agree to explore the reprint of the Senior Resource Guide, purchase marketing tools and sponsor Holiday food hampers to a maximum of the remaining current budget. *Carried*

ACTION ITEM: Susan Boyachek will pursue a quote and subsequent reprint for the Senior Resource Guide, investigate options for pens and jar openers and share details with Committee prior to order, and organize the sponsorship of Holiday food hampers on behalf of the Age Friendly Committee, all to be completed prior to yearend.

B. Grant Opportunities

Doug Fraser advised the Committee that he has received an email from Rachel Heron, BU Geography Department and Director for the Centre for Critical Studies of Rural Mental Health regarding the AF MB Community Collaboration Grant. She has suggested she could lead the writing of the grant submission with input from those who work more directly with older adults or identify as an older adult themselves. She has been working on a project that looks at public space (like parks, paths, and streets) and movement through the city and has heard from older adults that places of rest and shade were important to them. She is enquiring if this grant could be used to enhance what we have to offer with guidance from Age Friendly, Seniors for Seniors, and the Alzheimer Society.

The Committee agreed this is an excellent opportunity and Nancy McPherson and Doug Fraser should follow up on this proposal.

c. Review of Member terms expiring December 2023

The Chair confirmed that three of the six citizen representative committee member terms will be expiring December 31st including Meryl Orth, Areta Donnelly and a position that is currently vacant. The Chairs agreed to review all member terms to confirm this information as quickly as possible. Committee Members were reminded of the deadline to reapply. The City has published the annual notice seeking volunteers to sit on all committees including the Age Friendly Committee.

D. Confirm date of December meeting

Due to the proximity to the holiday season, the Committee agreed to reschedule the next regular meeting to December 14, 2023 beginning at 4:45 pm.

8.0 Information Items

No items.

9.0 Adjournment

(45/2023)

Motion: Doug Fraser/ Areta Donnelly

To adjourn the meeting 6:40 pm.

Carried

Co-Chairperson

Date

Next Meeting: December 14, 2023 @ 4:45 pm

Minutes prepared by Susan Boyachek.