Minutes of the Meeting of the Brandon Age Friendly Committee of Council Held August 17, 2023, at 5:15 p.m. in the T.E Snure Multi-Purpose Room, 638 Princess Ave.

Present:

Co-chair Susan Boyachek, Citizen Representative

Areta Donnelly, Citizen Representative

Meryl Orth, Citizen Representative

Doug Fraser, Citizen Representative

Perry Roque, City Representative

Amber Johnson, Program Administrator

Heather Karrouze, Councillor

Rob Lavin, Citizen Representative

Regrets:

Chair Nancy McPherson, PMH Representative Greg Hildebrand, Councilor

1.0 Call to Order

Welcome/Introduction

Chair Susan Boyachek called the meeting to order at 5:15 PM.

2.0 **Approval of Agenda**

MOTION: Meryl Orth/Rob Lavin

Carried

To approve the Aug 17, 2023, Age Friendly Committee agenda as circulated

3.0

Approval of Age Friendly Committee Minutes

Doug Fraser/Areta Donnelly MOTION:

(31/2023)To approve the meeting minutes of July 20, 2023, as received. **Carried**

4.0 **Presentation**

5.0 Correspondence

6.0 **Old Business**

A. Action Plan/Metrics/Terms of Reference updates – Susan Boyachek/All

Tabled

B. Age Friendly Email Address

Amber with access to personal brandon.ca email A.Johnson@brandon.ca and Agefriendly@brandon.ca. Actual cost of email address was determined to be \$20.50 a month.

ACTION ITEM: Perry to discuss further with the City IT department on G:Drive access for Age Friendly Committee administration.

MOTION: Doug Fraser/Areta Donnelly

Carried

The Age Friendly Committee to adopt the cost of personal Brandon email access to be given to Amber Johnson a personal brandon.ca email account at the cost of \$20.50 a month.

(30/2023)

(32/2023)

C. BU Nursing Student Project Proposals

Background Information: Requirement of student supervision. Doug Fraser suggested a project to review the state of homecare in Manitoba, Students will research, survey and provide a report back to the AF Committee. Susan suggested the nursing students work under the administration's direction to aid in the newsletter content.

New Discussion: An email was circulated with the project outline. Discussion was held on providing Age Friendly information on the City of Brandon website. Heather mentioned concerns about having students look after the City of Brandon website to revamp.

ACTION ITEM: Attach the proposal circulated for approval. Doug Fraser to represent the board in working with Amber to oversee the BU Nursing Student Project.

Susan Boyachek/Areta Donnelly **MOTION: Carried**

Age Friendly Program committee to put forward the attached proposal for consideration. Amber to be primary contact for students, and Doug will represent the board.

D. City of Brandon Housing Needs Report July 2023

Background Information: Provides a snapshot of where the City of Brandon currently is in housing availability and support. Policy of Housing for All. Discussion on the responsibilities of the Age Friendly Committee to advocate and ask the "what's next?" question regarding the Housing Crisis. To discuss further at next meeting.

Discussion: The report is found online, and discussion is held on any action items that the AF Committee can take to address the issues the report acknowledged. Meryl shared conversations she has had with others who have problems with Housing and transportation.

ACTION ITEM: Committee members to review and familiarize themselves with the report to discuss at the next meeting.

E. WCG/Newsletter Subcommittee update (Radon Gas?)

Update provided on the meeting with WCGtv regarding the discussion held with Shawn from WGCtv

6.E.2 Newsletter

- 6.E.3Last October minutes. November is Radon Gas Awareness Month. Perry had sent a letter to Lindsay Hargrayes, where she provided information that information would be provided in November on the city website and newsletter. Kits are available—discussion held on AF Committee plain language Newsletter start date of Newsletter September 2023 target.
- 6.E.4 Plain language usage and accessibility of information discussion held. Barriers to access to information. The committee would like to provide the community with access to Radon information.
- 6.E.5 Truth and Reconciliation Events and Information
- 6.E.6 Radon Gas Information
- 6.E.7 **ACTION ITEM:** Amber to draft newsletter for approval to be distributed in September

(33/2023)

7.0 New Business

- **A.** Truth and Reconciliation alternate speakers
 - **7.A.1 Doug Stephanie Spence contacted** Dr. Candice Waddell-Henowitch, an associate professor in the Department of Psychiatric Nursing at Brandon University. To follow up in September
 - 7.A.2 Meryl Cree Knowledge Keeper, Susie McPherson-Derendy, to contact in September to host and or attend a series of discussions on truth and reconciliation

B. AFC Meeting Date Change Discussion

Discussion was held on the need to change meeting schedule. Decision made to keep current meeting schedule.

C. Brandon Sportsplex Needs Assessment July 5th Meeting.

Correspondence from Ken McKim HTFC Planning and Design on Sportsplex. Met with Nancy McPherson, Susan Boyachek, and Rob Lavin to discuss needs assessment and ask questions on the challenges of that Seniors for Seniors and Age Friendly Program for program space. Susan and Nancy McPherson provided details on the existing challenges of the facility for accessibility, the communication of the usage, and the financial accessibility on behalf of the committee.

Names were provided for additional contacts, including the Community Wellness Coordinator.

Public Open House Wednesday, August 16th, 2023. The City of Brandon to advertise. Perry added that the assessment will report the communities' needs and report to the council. Report expected in September 2023. Seniors for Seniors needs more space for programming. Discussion was held on the committee members' view on the needs assessment from Age Friendly perspective.

8.0 Information Items

A. Health Checks

Meryl Orth advised the Age Friendly Committee that the Health Checks annual event will be held on September 19th from 10am – 2 pm at the Healthy Living Centre on walking track. Letter of invitation sent to Age Friendly.

Handouts – postcards, newsletter, pens, sticky notes

. MOTION: Doug Fraser/Heather Karrouze carried AF Committee to provide a table at the Health Checks Annual Event on September $19^{\rm th}$ from 10 am -2 pm.

9.0 Adjournment

(34/2023) MOTION: Doug Fraser Carried

To adjourn the meeting at 6:31 pm.

Co-Chairperson	Date	
Next Meeting: September 21, 2023		

Minutes prepared by Amber Johnson