

Minutes of the Meeting of the Brandon Age Friendly Committee of Council  
Held May 18, 2023, at 5:15 p.m. in the T.E Snure Multi-Purpose Room, 638 Princess Ave., and  
via Teams Online Platform

**Present:**

Chair Nancy McPherson, PMH Representative  
Co-chair Susan Boyachek, Citizen Representative  
Greg Hildebrand, Councillor  
Rob Lavin, Citizen Representative  
Deirdre Chisholm, Citizen Representative  
Perry Roque, City Representative  
Sincerely Sibanda, City Administrative Assistant

**Regrets:**

Heather Karrouze, Councillor  
Areta Donnelly, Citizen Representative  
Doug Fraser, Citizen Representative  
Meryl Orth, Citizen Representative

**1.0 Call to Order**

Welcome/Introduction

Chair Nancy McPherson called the meeting to order at 5:15 PM.

**2.0 Approval of Agenda**

(20/2023)

**Motion:** Susan Boyachek/ Greg Hildebrand

To approve the May 18, 2023, Age Friendly Committee agenda as circulated.

*Carried*

**3.0 Approval of Age Friendly Committee Minutes**

(21/2023)

**Motion:** Deirdre Chisolm/ Susan Boyachek

To approve the meeting minutes of March 16, 2023 with the following change:

- Doug Frazer's last name should be Fraser.

*Carried*

**4.0 Presentation - None**

**5.0 Correspondence**

Deirdre Chisolm provided an email indicating her anticipated resignation to the committee as her work commitments will clash with future Age Friendly meetings. Nancy McPherson suggested looking into an alternate date for the Age Friendly meeting and Deirdre Chisolm indicated she would be pleased to remain on the Committee if everyone reached a consensus on a scheduling change.

**ACTION ITEM:** To complete a doodle poll and include the date change discussion on the June 15<sup>th</sup> Agenda.

**6.0 Old Business**

**A. Action Plan/Metrics/Terms of Reference updates - Susan Boyachek/All**  
Deferred.

## **B. MB Accessibility Fund Grant opportunity - Susan Boyachek**

Susan Boyachek mentioned that she has not received any news regarding the Age Friendly application for the grant.

## **C. Contract Position update – Nancy McPherson**

Nancy McPherson shared that the City of Brandon Human Resources department completed and posted the job description for the Age Friendly Committee contract position. There has been quite a number of applicants.

**ACTION ITEM:** Susan Boyachek, Rob Lavin, and Nancy McPherson to establish plan for review of applications and potential interview dates.

## **D. Vision Zero City Task Group – Areta Donnelly - Deferred.**

## **E. Social Prescribing – Nancy McPherson/ Rob Lavin**

Rob met with MASC representative Connie Newman, who has met with some Winnipeg doctors who have shown interest in the concept and noted challenges to it. MASC asked for a list of pharmacies in Brandon and their contact information of which Rob Lavin provided. The Committee review the news article shared by Nancy McPherson relating to a specific social prescribing initiative. The Committee briefly discussed the concept of a “slow lane” at the grocery stores and agreed it could be considered a task for the contract position.

## **Ageism Workshop – Areta Donnelly**

Nancy McPherson shared the email provided by Meryl Orth in which she is requesting that an alternate person lead the Working Group as her schedule does not provide ample time. Neither Doug Fraser nor Areta Donnelly, members of the Working Group, were able take the lead on it. Susan Boyachek suggested two options, either defer to next year or it may be considered a task for the contract position. This will be revisited when the person is in place and their work schedule is developed. Rob Lavin indicated he would be willing to participate with this Working Group.

**ACTION ITEM:** To defer further discussion until the response on the grant application has been received.

## **F. Budget 2023 spending plan**

A brief discussion on budget allocations was held with the following items to be considered.

- \$1000 towards the Ageism Workshop
- Printing more guides

Final allocations can not be determined until a response is received on the Accessibility Grant application.

## **G. Culture Plan review discussion – Perry Roque**

Perry Roque shared that the Parks & Recreation department is currently reviewing the City’s Culture Plan as per the request from Council. He added that the review should be completed in the year 2023. Susan Boyachek suggested having a department representative do a round table discussion with the Committee to allow for input. Perry Roque confirmed that he will bring up the committee’s request to the next Parks and Recreation Manager’s meeting.

## 7.0 New Business

### A. Review of the Accessibility Act

The Age Friendly Committee was invited to provide feedback on the Accessibility Act by the City of Brandon. The feedback is due May 26<sup>th</sup>. Susan Boyachek will share the email and requested each member to take the opportunity to complete the survey with an Age Friendly lens.

**ACTION ITEM:** Susan Boyachek to distribute the email link from the City of Brandon to the entire committee along with a copy of the Act.

## 8.0 Information Items

### A. Michelle LeTourneau BUAPC presentation - June 15

Nancy McPherson reminded the committee that Michelle LeTourneau from BUAPC is scheduled to present on June 15.

### B. Personal Health Practices – Nancy McPherson

Nancy McPherson reported that personal health practices are an important determinant of health and include preventive actions such as vaccinations. Vaccination rates among PMH residents age 65+ are lower than established targets, especially for pneumococcal pneumonia. She suggested that the Committee may want to consider a role in relation to communication and messaging of the importance of immunizations. This topic will be revisited and may require some consideration within the budget.

### C. New Outdoor Sports Complex

Perry Roque mentioned that on May 18<sup>th</sup> the Parks and Recreation Department held an official sod turning ceremony at the new Outdoor Sports Field Ceremony.

### D. Sincerely's Last Day

Perry shared that Sincerely Sibanda will be resigning from her duties as a minute taker as she makes a career change to another organization. Gina Massina will be taking over the minute taking position effective June 15, 2023.

(22/2023)

**Motion:** Deirdre Chisholm

To adjourn the meeting 6:49 pm.

*Carried*

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*Co-Chairperson*

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*Date*

Next Meeting: July 20, 2023

Minutes prepared by Sincerely Sibanda.